

# Women Empowerment Cell



**Dr. Vaishali D. Phalke**

Professor, Community Medicine  
Chairman, Women Empowerment Cell

## 1. **Preamble :**

A Women Empowerment Cell in any institution symbolizes a safety hub for the students and staff. It is also the sign of progression and open thinking. Women Empowerment Cell (WEC) has been constituted to empower and safeguard the rights of female members; faculty, staff and students of the University. The WEC works to promote gender sensitivity in the university and conduct diverse programs to educate, sensitize both male and female members and produce harmonious atmosphere on the campus. It works for the welfare of the students and faculty enabling them to become competent professionals meant to shoulder greater challenges in the academic sphere. This Cell play an important role in voicing out opinions on important matters that affect the daily life of women. The cell provides a platform to the students for participating comfortably and sharing their views. They actively promote gender equality.

## 2. **Aim :**

To create awareness about the Women's Right and to empower Women.

## 3. **Objectives:**

- I. To Identify strong leadership and change makers and building their capacity.
- II. To promote a culture of respect and equality for female gender.
- III. To provide opportunities and programs for female gender to be financially, mentally and emotionally empowered so as to promote their growth as individuals in their own right.
- IV. To create awareness about the guidelines of Supreme Court and ensure that sexual harassment is treated as an unacceptable social behavior within the institution and the society.
- V. To Involve NSS students of PIMS (DU) to interaction with rural and urban women who lack formal education and identify projects suitable for up gradation using technology.
- VI. To conduct seminars, workshops to impart knowledge on opportunities , available codes and train the women.
- VII. To help the self help group women in getting the financial support by identifying the sources.
- VIII. To create social awareness about the problems of women and in particular regarding gender discrimination.
- IX. To provide guidance about Women Welfare Laws.

- X. To assert the importance of spiritual, economic, social, racial and gender equality.
- XI. To highlight the importance of health and hygiene.
- XII. To direct Women's role in the society. To develop multidisciplinary approach for the overall personality development.

#### **4. Duties of Women Empowerment Cell:**

The cell will organize various programs for women empowerment with the help of all constituent units of Pravara Institute of Medical Sciences (DU).

- I. To organize workshops and sensitization programs both for staff and students by eminent Psychologists and Social workers.
- II. To organize Guest Lectures on Legal Aids for Women
- III. To organize Competition on 'Awareness on Legal Rights of Women'
- IV. To organize Orientation Seminar to discuss the nature and scope of the sexual harassment of women at the workplace (Prevention, Prohibition and Redressal) Act 2013, at the beginning of the academic year.
- V. To organize one or more workshops/seminars annually where external experts on the subject will interact with all employees and students
- VI. To organize Seminars, Performances and Discussion Forums etc where gender sensitization and gender awareness will be the focal points.
- VII. Spreading awareness about the policies and their implementation through in formal sessions, performances, cultural event, etc. undertaken by PIMS (DU).
- VIII. To prepare the proposal for organizing various activities mentioned above for the approval of management.
- IX. To organize minimum 3 to 4 guest lecturers in the academic year.

## Activities under Women Empowerment Cell PIMS from 2024-25

Sr. No	Activity	Title of Program	Date	Participants
1.	Breast Feeding week celebration at UHTC Pravaranagar. Jointly Organized by UHTC Pravaranagar, Dr. BVPRMC NSS unit & WEC PIMS DU	1.Awareness lecture, 2.Skit by NSS Students, 3.Question answer session by faculty from Community Medicine, 4. Distribution of fruits.	06/08/2024	23 Beneficiaries, Five ASHA Workers, Five Nursing Staff, Five interns & 16 NSS Students Benefited from program
2.	Breast feeding Week Celebration at Sant Sena Anganwadi Rahata. By. Dr. Mrs. Parkhe MO RHTC Rahata. Jointly Organized by RHTC Rahata & Women Empowerment Cell PIMS DU.	1.Lecture on “Closing the Gap: Breastfeeding Support for all” 2.Hemoglobin estimation camp.	07/08/2024	30 ANC & PNC Mothers, Five interns, Five ASHA’s Five Nurses were benefited.
3.	Breast feeding Week Celebration at Dr. VVPPRH Loni. Jointly Organized by Pediatrics Department, Obs/Gyn Department ,NSS Dr. VVPPRH& WEC PIMS DU.	Skit on Breast feeding by NSS Volunteers in Pediatric Department & Obs/Gyn Department	08/08/2024	50 Women in morning session, 60 Women in afternoon session, 5 interns & 16 NSS Volunteers were benefited.
4.	Workshop for Girls from Pravara Rural College of Pharmacy, Loni. Jointly organized by: Obs/Gyn& WEC PIMS DU. 1.Dr. Vrushali Tilekar 2.Dr. Varsha Mahavarakar 3.Dr. Deepanjali Thombare 4.Mrs. Tambe & Mrs. Thorat	Health Education, Menstrual Hygiene, Nutrition & Contraceptives.	10/08/2024	150 Pharmacy Students Were benefited.
5.	Workshop for girls from Pravara Public School Pravaranagar. By, Dr. Shivani Chechare LMO UHTC Pravaranagar.	Health & Hygiene.	21/08/2024	150 Girls. From Pravara Public School, Pravaranagar. were benefitted.
6.	Gender Sensitization lecture for 1st BDS students by Dr. Shrikhande Madam	Gender Sensitization	05/10/2024	100 1st BDS students were benefitted
7.	Guest lecture by Dr. Mrs Parkhe LMO, RHTC RAHATA AND health check up camp at Arts, science and commerce college Rahata	Anemia among girls & health check up camp, during Navratri.	10/05/2024	100 Girls Students & 05 Teachers were benefited.

8.	Guest lecture by Dr Mrs Parkhe on occasion of Krantijyoti Savitribai Phule jayanti at Rahata	Remembering Savitribai Phule - The Pioneer of Women's Education in India	03/01/2025	50 Women were benefitted.
9.	"Amateur Show" by Teaching, Non- Teaching, Support Staff & differently able Women of PIMS DU	"Amateur Show"	17/01/2025	1000 Female Employees were benefitted
10.	Workshop on "Gender Equality" on Eve Of National Girl Child Day 2025.Organized by SEVPCON & WEC PIMS (DU)Resource Person Mrs.Asawari Deshpande	"Gender Equality"	24/1/1025	600 students and 20 faculty members benefitted
11.	Radio talk on Community Radio Babhaleshwar.& Flexboard by 1. Mr. Pratik Vilas Nagar Final MBBS Student under Guidance of Dr. V. D. Phalke	1.Government Schemes for Girl Child.	11/02/ 2025	"Population covered under 5 Talukas " were benefitted.
12.	Radio talk on Community Radio Babhaleshwar.& Flexboard by 2. Mr. Udit Santosh Naik Final MBBS Student under guidance of Dr.V.D.Phalke	2. Government Schemes for Women in reproductive age group.	12/02/ 2025	Population covered under 5 Talukas were benefitted.
13.	Radio talk on Community Radio Babhaleshwar.& Flexboard by 3. Ms. Priyal Rajendra Dube Final MBBS Student Under guidance of Dr.V.D.Phalke	3. Anaemia Mukta Bharat Program.	13/02/ 2025	"Population covered under 5 Talukas were benefitted.
14.	Poster competition on Theme of International Nurses Day	"Our Nurses,Our Future, Caring for nurses, strengthens economies"	10/5/2025	Students and Nursing Staff were benefitted.
15.	International Nurses Week Celebration with 1.Lecture by Mr Tupe for relatives outside labour room 2.Awareness program on hand hygiene by infection control nurse. 3. Joke's telling Competition on Health sector.	1Role of Midwives  2.Importance & steps for hand hygiene.  3.Joke's on health sector	05/05/2025  06/05/2025  07/05/2025	Hospital Nursing Staff were benefitted.
16.	Motivational Lecture of Nursing Staff of Dr. VVPPRH Loni by Brig Dr. P. S. Bhat HOD Department Of Psychiatry Dr.VVPPRH	Mental Health at Workplace	12/5/2025	All nursing staff of hospital were benefitted.
17.	1.Cooking without fire competition.  2.Musical Chair Competition  3.Lecture by ANS. Shobha	   1.Co-operation needed	8/5/2025  9/5/2025	All nursing staff of hospital were benefitted.

	Borhade at Labour room Complex 4.Speech by DNS Mrs. Savita Ingale	from patients and relatives at labour room complex 2.Theme Our Nurses ,our Future, caring for nurses, strengthens economies”	11/05/2025 12/05/2025	
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## Activities of International Women’s Day PIMS from 2024-25

<b>Sr. No</b>	<b>Activity</b>	<b>Title of the Program</b>	<b>Date</b>	<b>Participants</b>
1.	“PINK WALKATHON” Organized by WEC PIMS(DU) & NSS Unit PIMS (DU)	“Pink Walkathon “ #Accelerate Action Celebration of IWD	8th March 2025	250 NSS volunteers of all colleges under PIMS 50 Faculty members of WEC & NSS Committees were benefitted.
2.	Seminar by College of Pharmaceutical Sciences.	“ For all Women and Girls: Right,Equality,Empowerment”	8th March 2025	160 students & 10 faculty members were benefitted.
3.	Sensitization of Nursing Staff on theme of IWD 2025.	“ For all Women and Girls:Right,Equality,Empowerment”	8 <sup>th</sup> March2025	300 Nursing staff of DR.VVPPRH were benefitted.
4.	Write-up on theme of IWD for all users of PIMS(DU)	#Accelerate Action	8 <sup>th</sup> March 2025	5000 users were benefitted.
5.	Bebate Competition for Nursing Students	“ For all Women and Girls: Right,Equality,Empowerment”	8th March 2025.	500 students & 20 faculty were benefitted.
6.	International Women’s Day celebration in Community by RHTC Rahata	“ For all Women and Girls: Right,Equality,Empowerment”	8 <sup>th</sup> March 2025	30 women from Community were benefitted.
7.	Master Chef Competition organized by college of Physiotherapy.	#Accelerate Action	8 <sup>th</sup> March 2025	300 students & 20 Faculty members were benefitted.
8.	Invited talk Organized by College of CBT .Speaker Dr.Manjula Shantaram Chief of Research Centre AJ Research Centre Mangalore Karnataka.	From a Modest Beginning to a Successful Career -My Story.	8 <sup>th</sup> March 2025	38 students & 5 faculty members were benefitted.
9.	IWD celebration Organized by Obs / Gyn DepartmentDr.VVPPRH	“ For all Women : Right,Equality,Empowerment”	8 <sup>th</sup> March 2025	30 women benefited from program were benefitted.

10.	Guest Lecture by Mrs. Asawari Deshpande.	“Prevention of Harrashment of Women at Workplace” POSH Act	18th March 2025.	250 students and 25 faculty members were benefitted.
11.	Workshop for support staff of PIMS (DU)..	“Post Office Schemes “	28 <sup>th</sup> March 2025	300 female support staff were benefitted.



## 1. Breast Feeding week celebration at UHTC Pravaranagar.





**2. Breast feeding Week Celebration at Sant Sena Anganwadi Rahata. By. Dr. Mrs. Parkhe  
MO RHTC Rahata. RHTC Rahata & Women Empowerment Cell PIMS DU.**




**3. Breast feeding Week Celebration at Dr. VVPPRH Loni. Jointly Organized by  
pediatrics Department, Obs/Gyn Department NSS & WEC PIMS DU.**








#### 4. Workshop for Girls from Pravara Rural College of Pharmacy, Loni. Jointly organized by: Obs/Gyn & WEC PIMS DU.





**PRAVARA RURAL EDUCATION SOCIETY'S  
PRAVARA RURAL COLLEGE  
OF PHARMACY  
LONI**

**WOMEN EMPOWERMENT CELL, IQAC,  
PHARMACOGNOSY DEPT. organizing  
A Workshop On**

**"HEALTH EDUCATION: MENSTRUAL HYGIENE AND CONTRACEPTIVE  
MEASURES"**

**WOMEN AND HEALTH TOGETHER FOR THE FUTURE**

**Date: 10<sup>th</sup> August, 2024. Time: 2.00 PM**

**KEYNOTE SPEAKERS**


**1. Dr. Vrushali Tilekar**  
Medical Officer, Obgy and Gynac Dept

**2. Dr. Varsha Mahavarakar**  
Asso. Prof. Dept of community medicine

**3. Dr. Deepanjali Thombre**  
Asst. Prof. Obgy and Gynac Dept

**4. Mrs. Tambe & Mrs. Thorat**  
Lab Technician & Medical Social Worker

**Dept. of Obstetrics and  
Gynaecology,  
Pravara Medical Trust,  
Loni .**



**Convenor**  
**Dr. Sanjay Bhawar**  
Principal,  
Pravara Rural College of  
Pharmacy,  
Loni, Maharashtra

**Co-ordinator**  
**Dr. Sunayana Vikhe**  
HOD, Pharmacognosy Dept.  
Pravara Rural College of  
Pharmacy,  
Loni, Maharashtra

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NAAC accredited 'A'  
DTE CODE: 5185, AISHE CODE: C41297

A/p - Loni Bk, Tal - Rahata, Dist - Ahmednagar (413736), Maharashtra | Contact: 02422 273526 / 273528  
Website: [www.Pravara.in](http://www.Pravara.in) | Email: [principal.bpharmloni@Pravara.in](mailto:principal.bpharmloni@Pravara.in)



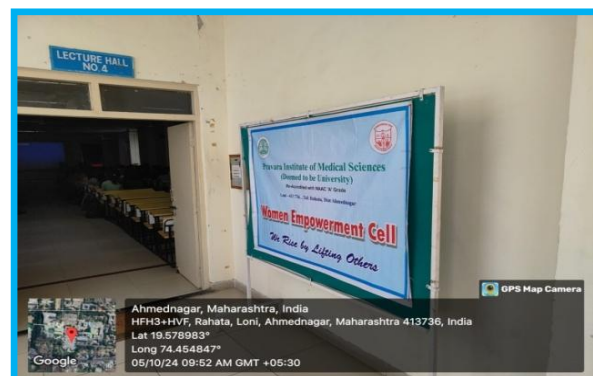
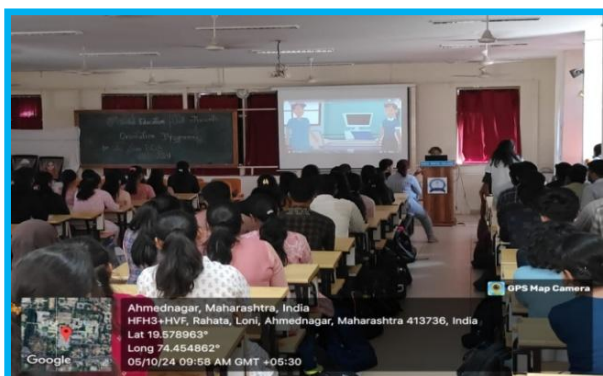




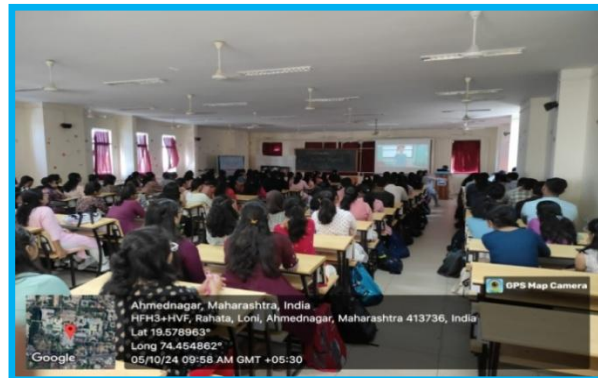
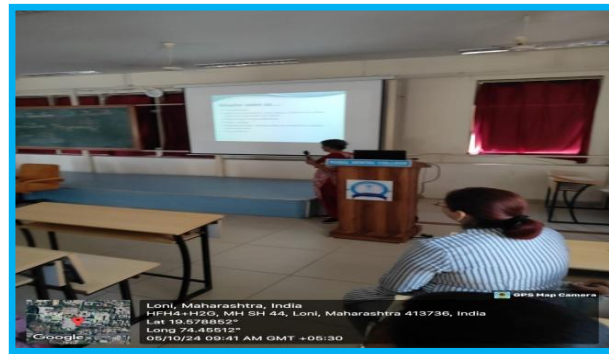
### 5. Workshop for girls from Pravara Public School Pravaranagar. By Dr. Shivani Chechare ,LMO UHTC Pravaranagar.



### 6. Gender Sensitization lecture to 1st BDS students by Dr. Shrikhande Madam







## 7. Guest lecture by Dr. Mrs Parkhe LMO, and health check up camp at Arts, science and commerce college Rahata





## 8. Guest lecture by Dr Mrs Parkhe on occasion of Krantijyoti Savitribai Phule Jayanti at Rahata





## 9. “Amateur Show” by Teaching, Non- Teaching, Support Staff & differently able Women of PIMS DU





## 10. Workshop on “Gender Equality” on Eve Of National Girl Child Day 2025





## 11. Radio talk on Community Radio Babhaleshwar.



## 14. Poster competition on Theme of International Nurses Day

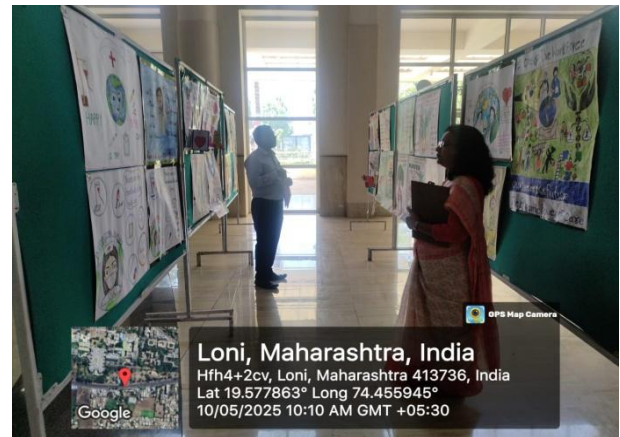


Date / Time	Events	Responsible person
05/05/2025 8am	International Midwife Day Celebration.	DNS, Tupe Babhanshod
06/05/2025 2pm	Hand Hygiene Day Celebration.	ICN: Pawar R. / ICN: Kharat P. / ICN: Ashale R.
07/05/2025 2pm	Jokes Competition on Health Sector.	ANS, Patil Upendra.
08/05/2025 2pm	Cooking without Fire Competition.	ANS, Suganya / ANS, Bhushale S.
09/05/2025 2pm	Musical Chair.	ANS, Gane S. / ANS, Suganya
10/05/2025 2pm	Poster Competition On Theme.	ANS, Gholap Ganesh
11/05/2025 10am	Co - Operation Needed from Patient & Relatives - Talk By.	ANS, Borhade Shobha
12/05/2025 7.30am	International Nurses Day Speech On Theme.	DNS, Ingale Savita S.
2pm	Motivational Guest Lecture.	ANS, Mhaske C. / ANS, Gholap G.
7 - 10pm	Get - Together.	DNS, Tupe B. / ANS, Mhaske C.

Nursing Superintendent  
(DR.V.V.P,PRH,Loni)







## 15. International Nurses Week Celebration with 2. Awareness program on hand hygiene by infection control nurse.







### 3.Competition on Joke's telling on Health sector





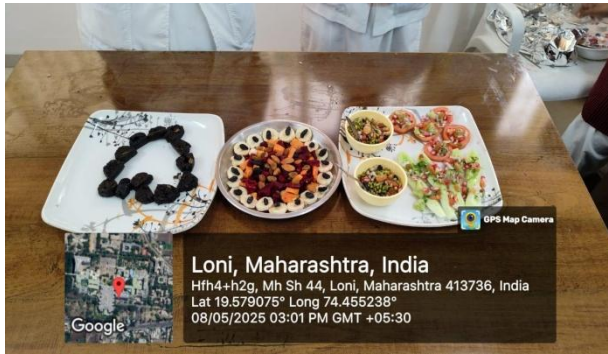
## 16. Motivational Lecture of Nursing Staff of Dr. VVPPRH Loni by Brig Dr.P.S.Bhat



## 17. 1. Cooking without fire competition







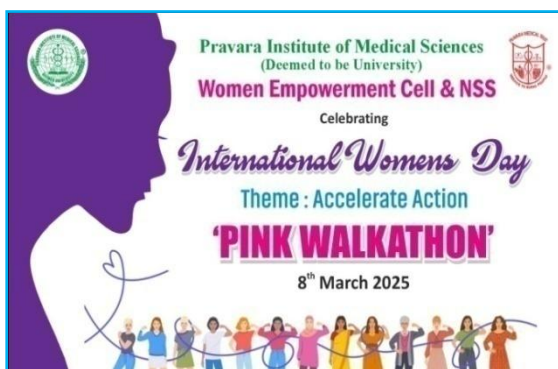
## 2. Musical Chair Competition







## 1. “Pink Walkathon “#Accelerate Action Celebration of IWD, Organized by WEC PIMS (DU) & NSS Unit PIMS (DU)



## 2. Seminar “For all Women and Girls: Right ,Equality , Empowerment”



### 3. Sensitization of Nursing Staff on theme of IWD 2025.



### 4. Debate Competition for Nursing Students

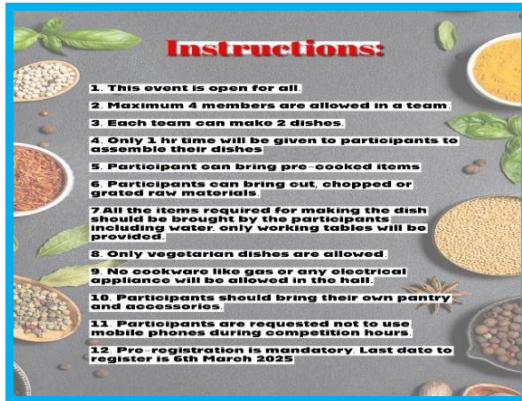


### 5. International Women's Day celebration in Community by RHTC Rahata.





## 6. Master Chef Competition organized by college of Physiotherapy.







**7. Invited talk Organized by College of CBT .Speaker Dr.Manjula Shantaram Chief of Research Centre AJ Research Centre Mangalore Karnataka.**

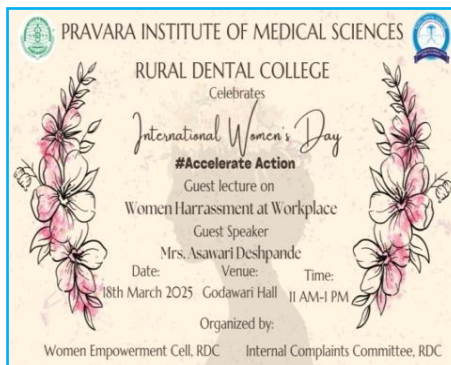




## 9. IWD celebration Organized by Obs / Gyn Department Dr.VVPPRH



## 10. Guest Lecture by Mrs. Asawari Deshpande.



## 11. “Post Office Schemes “

