Efficacy of Carnoys solution as an adjunct to conventional treatment modalities in aggressive Bony Tumors.

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Abstract-

Odontogenic tumors sometimes have aggressive behavioral pattern which leads to recurrence after conventional surgical approaches. Odontogenickeraotocystic tumor (KCOT) is one of the most aggressive odontogenic cysts with a high recurrence rate, this was explained histopathologically as it typically shows a thin, friable wall, which is often difficult to enucleate from the bone in one piece. Various treatment modalities were introduced including decompression, marsupilization, enucleationwith or without Carnoy's solution and resection. Conservative treatment withenucleation and application of Carnoy's solution can be used specially in the large lesions that when treated with resection, the continuity of the jaw will be interrupted. This technique shows comparable results to other more aggressive techniques.

Keywords-Keratocysticodontogenic tumor, Carnoys solution, Surgical treatment, Recurrence

Introduction-

Bony lesion with aggressive behavior, regardless its "benign" nature, necessitates a more radical surgical approach.Odontogenic tumors like ameloblastomaandkeratocystic tumor (KCOT) are the most aggressive odontogenic tumors with a high recurrence rate as there is presence of satellite cysts within their fibrous walls. Moreover KCOT typically shows a thin, friable wall, which often tears while enucleation.[1] Therefore, treatment should aim to eliminate the possible vital cells left behind in the defect. For this reason a mild, not deeply penetrating, cauterizing agent is used such as Carnoy's solution { consists 3 ml of chloroform, 6 ml of absolute ethanol, 1 ml of glacial acetic acid and 1 g of ferric chloride].[2] A significant decreased recurrence rate is reported in literature in cases where complimentary Carnoy's Solution is used. The aim of this paper is to report a case of mandibular KCOT and was treated with

*Senior lecturer, **Reader, ***Professor& HOD, **Reader Department of oral & maxillofacial surgery **Reader, Department of Periodontics

Corresponding author-Rural Dental College, PIMS,Loni, Maharashtra (413736). conventional method of enucleation along with Carnoy's solution over the inferior alveolar plexus without any definitive damage to lip sensitivity.

Case report-

A 36-year-old man reported to the department of oral and maxillofacial surgery with a dull pain in right lower back region of jaw since 6 months. On clinical examination no obvious extraoral swelling was appreciated while intraoral palpation showed buccal cortical expansion over right mandibular premolar-molar region. A panoramic radiographic image showed a radiolucent, multilocuar welldefined lesion extending from the right ramus-angle region to canine region (Fig 1).



Fig 1:Preoperative Radiograph showing multilocular radiolucency

KCOT was histologically confirmed after incisional biopsy. Informed written consent was taken from the patient and ethical committee approval was taken from Institutional ethical committee board. Mucoperiosteal flap was raised and buccal cortical ostectomy was performed to reach the bed of lesion. Enucleation of the lesion by intra approach was accomplished under general anesthesia (Fig 2).



Fig 2:Intraoperative-Enucleation of pathological lining following peripheral ostectomy

Soft tissues adhering to the capsule of the lesion in the lingual fenestration were also removed. In the proximity of the mandibular canal, the capsule of the lesion was dissected from the inferior alveolar plexus. This was followed by followed by single application of Carnoys solution imbibed gauze pellets for 5 min. Before the application of Carnoys solution care was taken to isolate the surrounding soft tissues and liquid paraffin soaked gauze was place over the inferior alveolar nerve to prevent its damage. It is important to count the gauze pellets while placing and removing from the cavity to prevent and left overs inside the defect. Then, the lumen of the defect was re-rinsed with copious saline to flush off the solution from the bony cavity which sighted dark brown colored and fixated (Fig 3). Closure of flap was done by horizontal



Fig 3: Application of Carnoys solution

mattress sutures using 3-0' vicryl (Fig 4). In the immediate postoperative period, the patient presented with paresis of the lower lip, which had a total regression after 7 months. After a period of 1 year, no sign of recurrence was observed



Fig 4:Postoperative: Closure done

Discussion-

Carnoy's solution was first used as a medicament in surgery by Cutler and Zollinger in 1933.[3] composed of ferric chloride1 gram, chloroform 3ml, glacial acetic acid 1ml and absolute alcohol 6ml. It is used as a fixative agent where absolute alcohol hardens the tissue by shrinkening it, glacial acetic acid swells tissue and prevents overhardening, chloroform increases the speed of fixation and ferric chloride acts as a dehydrating agent.[4]

Success of the application of this medicament after enucleation of aggressive lesions is thought to be due to both penetration and fixation action . Its average depth of penetration is 1.54mm after 5 mins of application.[5] Alteration in the neural conductivity after direct application of carnoys solution over 2 minutes has been reported in literature.[6] However The neuronal damage can be prevented by coating the nerve using separating media like vaseline or liquid paraffin as was done in our case. Our patient developed parethesia over right half of lower lip however that was transient and gradually disappeared completely after 7 months.

Among all the ingredients of carnoys solution, chloroform is considered to be very hazardous and should be used in a ventilated hood by wearing masks. Exposure to chloroform has been associated with cancer and reproductive toxicity.[7] Thus FDA in 2013 ban the use of chloroform and adopted a modified Carnoy's solution (designated "Carnoy's MC" containing Ferric chloride 1gram, Glacial acetic acid 1ml and Absolute alocohol 6ml to distinguish it from the original solution containing chloroform, "Carnoy's CS") in the treatment of KCOT and ameloblastomas.[8] This has led to widespread confusion among surgeon and pharmacists all over the world. In an attempt to clarify the dilemma that surrounds this topic of discussion, a short questionnaire was drafted and distributed to members of the American Association of Oral and Maxillofacial Surgeons (AAOMS) listed. The web-based survey showed that of 6,880 members listed in the 2013 in American Association of Oral and Maxillofacial Surgeons directory, 56% of whom were using the solution with chloroform and 42% were using it without chloroform 42% with no complications specifically pertaining to its use. Since then, no restriction on the use of chloroform has been advocated.[9]

It is a powerful fixative, haemostatic and cauterizing agent which penetrates cancellous spaces in the bone and devitalizes and fixes the left out tumourcells .It promotes chemical necrosis of up to 1.5 mm and elimination of epithelial remnants and possible microcysts.[10] In a systematic review done by Blanas et al. (2000)[11], the authors reported that resection was found to have the lowest recurrence rate (0%) but the highest morbidity rate, while enucleation with application of Carnoy's solution can result in a recurrence rate comparable to that of resection without unnecessarily aggressive surgery. We prefer keeping in hold the most radical and aggressive therapeutic option like resection of jaw should only in cases of KCOT with frequent recurrences as resection of the jaw causes significant functional and aesthetic problems to the patient and encourage the application of Carnoy's solution after a slight peripheral ostectomy over the remaining bony surgical bed. This promotes mechanical regularization of the bone cavity as well as the mechanical removal of any soft tissue left behind, decreasing the likelihood of a recurrence.

Conclusion-

Enucleation of the lesion along with and the use of Carnoy's solution showed uneventful healing in a 1 year postoperative period. Therefore, we believe that the choice of this surgical method in treating aggressive intraosseous lesions is a rational approach to reduce recurrence. However, due to the possibility of late recurrence, a long-term postoperative follow-up is needed

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